

Track			
Event No	Time	Event	Pools
	10:00	200m	7 8 9
	10:50	200m	16 17 18
	11:40	200m	4 5 6
	12:35	Fun Relays	10 11 12 13 14 15 16 17
LUNCH			
	13:35	200m	13 14 15
	14:25	200m	1 2 3
	15:15	200m	10 11 12
	16:05	Fun Relays	1 2 3 4 5 6 7 8 9 18
	16:45	Presentation of Medals	
Field			
Event No	Time	Event	Pools
	10:00	Long Jump	1
		Long Jump	2
		Long Jump	3
		Shot Put	4
		Shot Put	5
		Shot Put	6
	10:50	Long Jump	10
		Long Jump	11
		Long Jump	12
		Shot Put	13
		Shot Put	14
	11:40	Shot Put	15
		Long Jump	7
		Long Jump	8
		Long Jump	9
		Shot Put	1
		Shot Put	2
	13:35	Shot Put	3
		Long Jump	16
		Long Jump	17
		Long Jump	18
		Shot Put	10
		Shot Put	11
	14:25	Shot Put	12
		Long Jump	4
		Long Jump	5
		Long Jump	6
		Shot Put	7
	15:15	Shot Put	8
		Shot Put	9
		Long Jump	13
		Long Jump	14
		Long Jump	15
	15:15	Shot Put	16
		Shot Put	17
		Shot Put	18
Long Jump/Shot Put - 1 Warm Up + 3 Competition			

