

This is a draft timetable for entry purposes only, a FINAL timetable will be published on Friday 21st August 2026				
Track				
Event No	Time	Event	Age Group	Round
	10:00	400m Hurdles	U18 Women	1
	10:15	100m	Sen/Amb Men	1
	10:53	100m	Sen/Amb Women	1
	11:09	100m	U18 Women	1
	11:29	100m	U18 Men	1
	11:45	100m	Wheelchair / Frame Running Men	Final
	11:50	100m	Wheelchair / Frame Running Wom	Final
	12:00	800m	Sen Men	1
	12:12	800m	Sen Women	1
	12:20	800m	U18 Men	1
	12:32	800m	U18 Women	1
	12:51	400m Hurdles	U18 Women	Final
	12:56	400m Hurdles	Sen Women	Final
	13:01	400m Hurdles	U18 Men	Final
	13:06	400m Hurdles	Sen Men	Final
	13:16	100m	Sen Men	Semi Final
	13:28	100m	Sen Women	Semi Final
	13:36	100m	U18 Women	Semi Final
	13:48	100m	U18 Men	Semi Final
Lunch				
	14:30	1500m SC	U18 Men	Final
	14:40	400m	Sen/Amb Men	1
	14:56	400m	Sen/Amb Women	1
	15:12	400m	U18 Men	1
	15:24	400m	U18 Women	1
	15:36	800m	Sen Men	Final
	15:40	800m	Sen Women	Final
	15:44	800m	U18 Men	Final
	15:48	800m	U18 Women	Final
	15:56	3000m SC	Sen Men	Final
	16:14	100m	Sen Men	Final
	16:18	100m	Sen Women	Final
	16:22	100m	U18 Women	Final
	16:26	100m	U18 Men	Final
	16:30	5000m	Sen / U20 Women	Final
	16:55	400m	Wheelchair / Frame Running Men	Final
	17:00	400m	Wheelchair / Frame Running Wom	Final
	17:10	400m	Sen Men	Semi Final
	17:18	400m	Sen Women	Final
	17:22	400m	U18 Men	Final
	17:26	400m	U18 Women	Final
If Heats are not required FINALS will go at HEAT 1 time				
the open championship. RAZA points will be used to determine male and female medal awards for each event containing multiple classifications.				
Event No	Time	Event	Age Group	Info
	10:00	Javelin	Sen Women	
	10:00	Shot Put	U18 Men	
	10:45	Pole Vault	U18 Men	SH 2m50
			Sen Men	SH 3m75
	11:15	Javelin	U18 Women	
	11:15	Triple Jump	U18 Men	9m/11m
			Sen Men	11m/13m
	11:15	High Jump	Sen Women	SH 1m39
	12:30	Discus	U18 Men	
	13:00	Triple Jump	U18 Women	7m/9m/11m
	13:45	Discus	Sen Men	
	13:30	High Jump	U18 Women	SH 1m29
	15:00	Hammer	Sen Women	
	15:30	Shot Put	Sen Men	
	15:45	Triple Jump	Sen Women	9m/11m
	16:15	Hammer	U18 Women	
Minimum 2 Warm Up Attempts				

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Track				
Event No	Time	Event	Age Group	Round
	10:00	200m	U18 Women	1
	10:20	200m	U18 Men	1
	10:36	200m	Sen Women	1
	10:52	200m	Sen Men	1
	11:16	1500m	Wheelchair	Final
	11:31	1500m	Frame Runner	Final
	11:46	1500m	U18 Women	1
	12:01	1500m	U18 Men	1
	12:16	1500m	Sen/Amb Women	1
	12:31	1500m	Sen/Amb Men	1
	12:46	5000m	Sen Men	Final
	13:01	200m	U18 Women	Semi Final
	13:16	200m	U18 Men	Semi Final
	13:31	200m	Sen Women	Semi Final
	13:46	200m	Sen Men	Semi Final
Lunch				
	14:25	1500m SC	U18 Women	Final
	14:35	400m	Sen Men	Final
	14:40	5000m	Sen/U20 Men	Final
	15:05	110m Hurdles	Sen Men	Final
	15:10	110m Hurdles	U18 Men	1
	15:20	100m Hurdles	Sen Women	1
	15:35	100m Hurdles	U18 Women	1
	16:00	200m	U18 Women	Final
	16:05	200m	U18 Men	Final
	16:10	200m	Sen Women	Final
	16:15	200m	Sen Men	Final
	16:20	1500m	U18 Women	Final
	16:28	1500m	U18 Men	Final
	16:36	1500m	Sen Women	Final
	16:42	1500m	Sen Men	Final
	16:55	100m Hurdles	U18 Women	Final
	17:00	100m Hurdles	Sen Women	Final
	17:05	100m Hurdles	U18 Men	Final
If Heats not required FINALS will go at HEAT Time				
Parallel Success: Para Ambulant 1500m: RAZA points will be used to determine male medal awards for each event containing multiple classifications.				
Field				
Event No.	Time	Event	Age Group	Info
	10:00	Javelin	U18 Men	
	10:00	Seated Club	Men/Women	
		Seated Discus		
	10:00	Long Jump	U18 Women	
	10:15	High Jump	U18 Men	SH 1m43
			Sen Men	SH 1m63
	11:15	Discus	U18 Women	
	12:00	Long Jump	Sen Women	
	12:15	Shot Put	U18 Women	
	13:00	Discus	Sen Women	
	13:30	Long Jump	Sen Men	
	14:15	Javelin	Sen Men	
	14:15	Seated Javelin	Men/Women	
		Seated Shot		
	14:15	Pole Vault	U18 Women	SH 2m00
			Sen Women	SH 2m20
	15:00	Long Jump	U18 Men	
	15:30	Shot Put	Sen Women	
	15:30	Hammer	Sen Men	
			U18 Men	
Minimum 2 Warm Up Attempts				